



IOC ACP Outreach Programme

Zagreb, Croatia - December 11, 2017

CONTACTS

Instructor: Ms Claudia Bokel – The Adecco Group - ACP (Olympian, Fencing)
Additional attendees: Mr Zoran Primorac (Olympian Croatia Table Tennis and ITTF Outreach trainer)
Mr Niccolo Campriani – IOC / (Olympian, Shooting)
Ms Jovina Choo – IOC / Olympian, Sailing)
Mr Simon Jones - World Academy of Sport-WAoS
Adecco – TBC

COUNTRY – CONTACT INFO

CROATIAN OLYMPIC COMMITTEE

Address: Trg Kresimira Cosica 11
10000 Zagreb, Croatia
Phone: +385 1 365 9666
<http://www.hoo.hr>
President: Mr Zlatko Matesa
Secretary General: Mr Josip Cop

NOC Contact (logistics):

Ms Danira Bilić: Olympian (basketball). Promotion of Olympism Programmes Manager at the Croatian Olympic Academy . Mobile: 00385 99 3650595

Ms Vesna Peran (NOC) + 385 1 365 9600

Transfer from the Airport and local transports: Please take a Taxi from the airport to the Hotel (IOC representatives should keep the receipts)

Accommodation:

The Westin Zagreb Hotel
Krsnjavoga 1, 10 000 Zagreb, Croatia
Phone: 385.1.4892.000

Hotel Westin is located in the city center and is approximately 16 kilometres away from the International Airport of Zagreb - Franjo Tudman.

Hotel payment: Adecco/WaoS: to pay at arrival
IOC: paid by the NOC

Workshop venue: The Westin Zagreb Hotel, room Zrinjevac

Workshop material (40 Workbooks): NOC confirmed receipt

Cards: Provided by the instructor

Certificates: Ready - NOC

Surveys prior workshop: to be filled out online (Pilot Menti.com-TBC)

Participant's feedback after workshop: to be filled out online. (Pilot Menti.com)



IOC ACP OUTREACH WORKSHOP - AGENDA

TIME	ACTIVITY
8.30 a.m.	Arrival – Registration Participants to fill out the ACP online survey (prior to workshop)
9 a.m.	Introduction and welcome message
9.20 – 9.40 a.m.	Who am I – Behavioural discovery Motivational in nature, this workshop shows the link between who you are and what you went through to become an elite athlete as well as the transition process necessary to achieve your dreams in the labour market. This module closes with a goal-setting session.
9.40 – 10:30 a.m.	Game plan (I) This workshop focuses on showing athletes how to recognise their transferable strengths. Knowing what your marketable skills are will allow you to build a game plan for the areas and jobs to pursue in the labour market.
10.30 – 10.45 a.m.	Break
10.45 a.m. - 12.30 p.m.	Game plan (II) This session helps athletes understand themselves at a deeper level The module focuses on self-reflection and uses a series of simple tools and assessments to assist athletes. During this session you will learn how to translate the language of sport into business language.
12.30 – 1.30 p.m.	Lunch
1.30 p.m. – 2.30 p.m.	Networking activity During this module, athletes first learn some best practices for networking before the practice of how to develop a network begins. Building strong networks is vital both inside and outside the competition arena. This session is delivered through a combination of role play and feedback.
2.30 p.m.– 3.15 p.m.	CV CVs are a reflection of who you are and who you can be. Athletes have unique backgrounds; but how do you translate who you are and what you've done in sport into business language? This module exposes athletes to the process of CV/resume development. The session builds on earlier workshop learnings to help athletes produce a stronger CV/resume.
3.15 p.m. – 3.30 pm –	Break
3.30 – 4.30 p.m.	Interviewing, Social Media An interview is the final step in obtaining a job. Can an athlete tie all aspects of their life together to succeed in the employment process? This module begins with tips for success, and then provides a practice session so you can develop your technique for a winning interview.
4:30 p.m – 5:00 p.m	Wrap up, IOC resources, Closing Wrap up – next steps – vision. Participants to fill out the ACP feedback survey

Note: The suggested agenda can be adjusted according to the development of the session and the needs of the athletes.

For any additional information, please contact: carolina.hesse@olympic.org +41 78 9475455